



Medical Fitness and Wellness Group

Internship Application Form

Established in 2014 and 2021 winner for Best Holistic/alternative medicine, Nutritionist, and Best personal trainer in North Fulton County, we are a fully integrated wellness facility providing Personal Training, Corrective Exercise, Stretch Therapy, Therapeutic Massage Therapy, Medical Exercise for Stroke Rehab, Multiple Sclerosis, Parkinson's, and over 45 other chronic conditions, as well as our award-winning nutrition program for weight loss and diabetes prevention/management.

We are actively seeking interns!

The ideal candidate for an internship at Medical Fitness and Wellness Group must meet the following:

- Junior or Senior in a credited college OR graduated from a credited college
- MUST have experience in at least one of the following:
 - Stretching
 - Personal Training
 - Strength & Condition
 - Massage
 - Chiropractic
 - Nutrition
 - Rehabilitation
- Must have completed Anatomy and Physiology college course
- Willing to complete a minimum of 10 scheduled hours per week; max 20
- Willing to work AT LEAST one Saturday a month
- Comfortable with being on camera

Internship Primary Duties:

- Assist with personal training sessions
- Assist with redcord suspension therapy
- Assist with all other exercise programs
- Help come up with new work outs and new marketing techniques
- Help with recording content for YouTube, Instagram, Facebook, etc.

10700 Medlock Bridge Road, Suite 105,
Johns Creek GA 30097
770-623-4078



Medical Fitness and Wellness Group

Check this box if you were referred by a Georgia Gwinnett College Administrator.
Dr. Karla Caillouet

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Personal Information

Name: _____ DOB: _____

Address: _____

Email Address: _____

University Information

Name of school currently enrolled in: _____

What year are you in? _____ Expected Graduation year: _____

Major/Minor? _____. Future career goals: _____

How did you hear about us? _____

Please indicate availability below:

Day	AM	PM
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

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Medical Fitness and Wellness Group

Saturday

*Clinic hours found on www.exercise4prevention.com

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In the space provided below, please tell us why you would be the perfect fit for an internship with us.

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If you feel like we are the perfect place for you to get the real-life experience you need for your future career, then send a copy of this completed form and a copy of your resume to info@exercise4prevention.com Once submitted, if you meet our requirements, a staff member will be in touch.

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